



PARENTING WITH PURPOSE

Saturday, July 16th at 11am pst / 2pm est

Parenting is one of the most challenging responsibilities. In this workshop, we will explore various parenting styles and tools that can help with communication between parent and child in order to develop a healthier relationship. You will also learn ways to set healthy limits with children while helping them regulate their emotions and develop a strong sense of self.

45-50 minutes presentation followed by 10-15 minutes Q&A.

Register:

<https://www.eventbrite.com/e/parenting-with-a-purpose-tickets-379275391907>